

Date: 21/02/2024

Telephone 0117 3533506

Email: info@woodlandsacademybristol.com

Attendance

Class attendance since September 2023:

Reception: 92.6% ↑

Year 1: 95.3% ↑

Year 2: 91.1% ↓

Year 3: 93.3% ↓

Year 4: 90.5% ↓

Year 5: 92.9% ↓

Year 6: 91.9% ↑

Whole school attendance: 92.3% ↓

Parents' Evening

Thank you to everyone that attended parents' evening last night. We are looking forward to welcoming others this evening and year 4 parents later in the term.

Minibus Driving for School Trips

Volunteers Needed

We are looking for a couple of volunteers to drive a minibus for our school trips. The cost of coaches with small classes makes trips incredibly expensive for parents and carers and this would keep costs down for you! It would involve driving a group of children with supervising adults a handful of times a year. You need a D1 on your licence (you can check this on the back of your licence). We would put you on a MiDAS (Minibus Driver Awareness Scheme) training course, so you could drive both West Town Lane's and Oasis Brislington's minibuses. If you are interested, please get in contact with the school office or email

info@woodlandsacademybristol.com



TT Rockstars Day

TT Rockstars day is on Friday 23rd February. Children are welcome to come to school kitted out in their best rockstar gear, for a day full of times tables fun! Please note this is a dress up day for fun and no donations are needed.



After School Clubs

Clubs starting this week has been really exciting. Musical theatre for Y2-5 started yesterday, Y4-6 football tonight and Y1-3 multi sports tomorrow. If you are interested, please contact the provider directly as there are still some spaces.

Dates for your Diary

Tuesday 20th and Wednesday 21st February -

Parents Evening

Friday 23rd February - TT Rockstars Day

Tuesday 5th March - Y3 Caerleon Trip

Thursday 7th March - World Book Day

Friday 8th March - Y1 Farleigh Castle Trip

Friday 15th March - Red Nose Day

Friday 15th March - Y5 Steam Museum Trip

Term dates 2023/24

Term 3 - 3rd January 2024 - 8th February 2024

Term 4 - 19th February 2024 - 27th March 2024

Term 5 - 15th April 2024 - 24th May 2024

Term 6 - 3rd June 2024 - 19th July 2024



Inset Days

28th March 2024

22nd and 23rd July 2024

World Book Day - 7th March 2024

World Book Day is on Thursday 7th March, where children are able to come to school to dress as their favourite book character. Please note this is a dress up day for fun and no donations are needed.

South Bristol Girls Rugby

South Bristol Girls Rugby is a locally based sports club, to your school. We train and play at Bristol Barbarians RFC in Whitchurch.

Having been established for two years now, we are successfully running U12, U14, and U16 girls' teams; but always keen to bring new girls to our amazing game. With the Women's Rugby World Cup being hosted in England in 2025 and Bristol announced as one of the host cities, there has never been a better time to encourage more girls to give the sport a go.

Please find attached a flyer for our upcoming Open Day.

We would love to invite any of your Year 6 girls along to the events; and potentially your Year 5s. If they are confident enough, then they will be more than welcome to join the U12 squad to train and learn the basics of the game; and in certain situations, can get permission to play matches.

Red Nose Day - 15th March 2024

Friday 15th March is Red Nose Day, where children can come into school wearing something red/non-uniform. We will collect donations for this charity on this day.

Headlice

Headlice has been found in Year 1 and Year 4 so please can everyone check their child's hair and treat if needed to help the children feel more comfortable moving forwards in school. This needs to be community effort!

Make & Take



Make it for Market Crafting Course

Starts: Friday 23rd Feb – Friday 24th May

12.30 – 2.30pm

Stockwood Children's Centre, Whittock Road, BS14 8DQ

Come and join this FREE friendly course. You will learn how to budget for as well as make a range of crafts and gifts suitable for selling at local markets. We will include advise around budgeting, creating a market stall, reseaching local markets and selling at markets.

For more information and to book please contact:

Catherine.landon@bristol.gov.uk

Phone: 07785 702454

Eligibility: Adults aged 19+, currently unemployed, with few or no qualifications



**COMMUNITY
LEARNING**

communitylearningwest.net
lctinfo@bristol.gov.uk
01172 510230

Bristol Parent Carers is an organisation run by parents who understand the challenges of raising a child with special educational needs or a disability because they've been there too and they have children just like yours. They are a charity run by parents, for parents. Join them at one of their free events in February and find the support your family needs. www.bit.ly/BPCGetHelp

Free information sessions



Speech & situational mutism

Information and support at North Bristol coffee morning

Southmead Greenway Centre
Doncaster Rd,
BS10 5PY

7th March
2nd May
@ 9:15-10:30am

EHCPs and Section 1 (schools)

Information and support from all services across Bristol

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		



Make your voice heard by checking our engagement page

Together for SEND

Information and support at South Bristol coffee morning

INNS COURT CENTRE
1 Marshall Walk
Knowle BS4 1TB

22nd Feb
21st March
@ 10:30-12:30pm

Supporting siblings



South Bristol Girls Rugby

Do you fancy giving rugby a go with us?



Why not come to our Open Day and check it out?

Friday 23rd February 2024

6:30pm

@Bristol Barbarians RFC

Food, Drink & Rugby Available



For Fun, Friendship, Fitness and of course **RUGBY**
come and join us!

U12, U14, and U16 teams (Years 7 to 11)

Training every Thursday
From 6pm to 8pm @
Bristol Barbarians RFC,
Whitchurch
Bristol, BS14 0BT

Contact:

southbristolgirlsrugby@gmail.com

Or message us on:

Instagram or Facebook pages:

South Bristol Girls Rugby

Please find attached Aspens Family Information Pack and Newsletter below.



About Aspens

We are delighted to be the chosen caterer for your school. Find out more by scanning the QR Code below or contact us via email on info@aspens-services.com



CONTACT US

e: info@aspens-services.com
w: www.aspens-services.co.uk





TAKE YOUR CHILD'S IMAGINATION ON A FOOD JOURNEY WITH ASPENS

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu...

Knowing Where Your Food Comes From

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

WEEK 1

Our Great New Menu

DAY	MAIN EVENT	SOUP-UP MAGIC	BALANCE ALITY	BIG SMILING	DESSERT TROLLEY	SAME, READ, TALKED AND TALKED
MONDAY	Red Burger & Sweet Potato Fries	Homemade Tomato Soup & Sweet Corn Pasta	Salmon	Chicken Pasta with Beans or Chicken or Tots	Fruit Mince & Pudding	SAFELY SWEET
TUESDAY	Mushrooms & Bacon	Vegetable Curry & Rice	Chicken & Pasta	Chicken Pasta with Tots	Strawberry Fudge	SAFELY SWEET
WEDNESDAY	Homemade Chicken Curry	Homemade Chicken Curry	Chicken & Pasta	Chicken Pasta with Beans or Chicken or Tots	Strawberry Fudge	SAFELY SWEET
THURSDAY	Homemade Chicken Curry	Homemade Chicken Curry	Chicken & Pasta	Chicken Pasta with Beans or Chicken or Tots	Strawberry Fudge	SAFELY SWEET
FRIDAY	Homemade Chicken Curry	Homemade Chicken Curry	Chicken & Pasta	Chicken Pasta with Beans or Chicken or Tots	Strawberry Fudge	SAFELY SWEET

FUN THEME DAYS

OUR FANTASTIC FOOD

We don't only create delicious favourite dishes from home and around the world, we make it fun!

We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!



NOT JUST GREAT TASTING FOOD!

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.



SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.

HELP YOUR CHILD SOAR WITH A SCHOOL MEAL!
And it could be FREE! Check to see if your child is eligible.

ABC
123456789
10111213141516171819202122232425262728293031323334353637383940414243444546474849505152535455565758596061626364656667686970717273747576777879808182838485868788899091929394959697989900

Ask at the office to find out more!

Save money, Save time, Save hassle.

Fuel your child with energy!

All Reception, Year 1 and Year 2 meals are FREE!!



For more information and to check if your child can get free school meals, even after year 2, please visit this website - www.gov.uk/apply-free-school-meals or scan the QR code on the left.

If eligible, not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.



CONTACT US

E: info@aspens-services.com
W: www.aspens-services.co.uk

Aspens
SERVICES





ABOUT ASPENS

Aspens is the company chosen by your school to provide the meal service for its pupils and we are looking forward to welcoming your child for their school lunches. We are experts in school catering and have years of experience when it comes to school food.

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Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

Great tasting food that your child will love

OUR FANTASTIC FOOD

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We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!

FREE TASTY LUNCHES!

All children that are in Reception, Year 1 and Year 2 are currently entitled to receive UNIVERSAL INFANT FREE SCHOOL MEALS! We think it's a fantastic idea so please make sure you support this initiative. Not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.

Please note this is not to be confused with FREE SCHOOL MEALS which is an entitlement that some children can receive due to their parents/ carer's circumstances. If you feel you may be entitled to receive FREE SCHOOL MEALS, you should request the relevant forms from your school office or look at this website. www.gov.uk/apply-free-school-meals.

HELP YOUR CHILD SOAR WITH A SCHOOL MEAL!

ASKS FOR THE FREE SCHOOLS FOOD GUIDE TO FIND OUT MORE!



SAMPLE MENU

FOOD FESTIVAL
at Albert

Spring/Summer
2024
192, 110, 174,
224, 135, 346,
246, 157

LUNCHTIME

TRADITIONAL
Week 1

Day	Main Event	Meat-Free Magic	Rainbow Alley	Big Topping	Dessert Trolley	Salad, Bread, Yoghurt and Fruit	Pasta Twirler
MONDAY	Beef Burger & Hand Cut Potato Wedges	Homemade Veggie Burger & Hand Cut Potato Wedges	Sweetcorn	Jacket Potato with Beans or Cheese or both	Fresh Melon & Pineapple Slices	AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese	PASTA TWIRLER
TUESDAY	Margherita Pizza Slice	Veggie Pepper & Mushroom Pizza Slice	Coleslaw & Salad	Jacket Potato with Tuna Mayo or Cheese	Strawberry Frozen Yoghurt		
WEDNESDAY	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Cauliflower & Broccoli Cheddar Bake with Roast Potatoes	Carrots & Peas	Jacket Potato with Beans or Cheese or both	Tutti Frutti Jelly Pots		
THURSDAY	Homemade Sausage Roll with New Potatoes & Tomato Sauce	Wholegrain Summer Vegetable Paella	Green Beans	Jacket Potato with Cheese or Chicken Mayo	Carrot Peeling Cake		
FRIDAY	Golden Fish Fingers or Salmon Fingers & Chips	Homemade Cheesy Leek Sausage & Chips	Baked Beans	Jacket Potato with Beans or Cheese or both	Marble Cookies		



PREPARING YOUR CHILD FOR SCHOOL LUNCHES

If your child is new to school lunches, they may feel a little uncertain, but you can help them to be prepared.

Look through the menu together, ask them to choose their favourites and point out the kind of things that you know they usually like to eat. Try new things at home to help them to become used to trying different foods.



Here's a little more about what's on our menus:

THE MAIN EVENT TENT



EVERYTHING YOU NEED ON A PLATE!

Our Main Event balanced meals are a source of vegetables, protein from meat or fish, carbohydrates and healthy fats as demonstrated in the Eatwell Guide.

Proteins are the building blocks for our muscles...

... helping to build our bodies and make us strong, like lego blocks.

Oily fish can help you to focus better in lessons and boost your brain power.

Choose the Main Event to get your protein from meat and fish.

RAINBOW ALLEY

We encourage choices of fruit and vegetables, of many different colours, so your child can get the vitamins and minerals they need.

Different coloured fruit and vegetables help our bodies in different ways.

Fill your plate with all the colours of the rainbow...

... and fill your body with the vitamins and minerals it needs.



MAGIC MEALS BECAUSE...

Our Meat Free Magic balanced meals are a source of vegetables, protein from plants, carbohydrates and healthy fats as demonstrated in the Eatwell Guide.



... they have plant proteins to make you strong and are good for the planet too.

... they're loaded up with vibrant veg, filling fibre, plant proteins and valuable vitamins - a great recipe for a healthy body.

... our recipes can provide up to 10 different plants, fruit and vegetables in one meal!

LOAD UP, LOAD UP!

Our Crispy Skin Jacket potatoes with a choice of topping are a tasty and nutritious option.

Our jackets are filling and full of nutrients and to top it off you choose your topping!

Eat the potato skin to get more fibre.

Gut bugs are good bugs! Keep your tummies healthy with starch foods - like potatoes.



WHOOOSH YOUR WAY TO 5 A DAY!

Our homemade sauces are packed with vegetables and plant proteins, served with pasta for a healthy tasty lunchtime choice.

Keep your energy levels high with our pasta main and whizz through the day.

You won't believe how many veggies are in our homemade pasta sauces!

Be a smart cookie! Choose something different every day to get all different kinds of goodness.

Our custard and yogurts are full of dairy goodness with calcium that helps to keep your bones, skin and teeth healthy.

Our fruity desserts are packed full of Vitamin C to help fight off those coughs and colds! Or pick a piece of fruit!

Feel fuller for longer with our wholegrain pasta twirls a super tummy rumble stopper!

STOP AT THE DESSERT TROLLEY

We offer a variety of fruit, yoghurt and homemade desserts across the week.



THE 14 MAJOR FOOD ALLERGENS



CELERY



GLUTEN



EGGS



FISH



SOYA



SESAME



CRUSTACEANS



PEANUT



MILK



LUPIN



TREE NUTS



SULPHUR DIOXIDE



MUSTARD



MOLLUSCS

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SUSTAINABILITY

Sustainability is one of our core values - we recognise that our activities can affect the environment and so we do what we can to minimise our impact.

This includes phasing out single use plastics, using environmentally friendly disposables and cleaning products, offering non meat proteins and seasonal fruit and vegetables.



Why School Meals are GREAT

Lunch time is an important part of a child's school day, giving pupils a break with friends and the chance to recharge their batteries. But why should you choose a school meal? Take a look at the ten great reasons we have come up with!

- 1 School meals are delicious, healthy, safe, varied and could be free!
- 2 Measures have been taken around staff training, food safety and enhanced cleaning to ensure that all of our dinners are safe.
- 3 It would save you hours making packed lunches for your child!
- 4 Children receiving Free School Meals have exactly the same choice as everyone else and no-one will know that your child's meal is free.
- 5 You can see the menus and choices online so you know exactly what they'll be eating.
- 6 The school catering team is fully trained and ready to cater for children with allergies or other special diets.
- 7 School meals help encourage good eating habits from an early age and provide the opportunity to further develop their social skills as they sit down with friends to enjoy their meals.
- 8 There are plenty of opportunities to try new foods and more fussy eaters are much more likely to try new things if their friends are eating the same meals as they are.
- 9 It's easy to apply – speak to your school office for details or check your eligibility here: www.gov.uk/apply-free-school-meals
- 10 You'll be supporting the school too. Schools receive extra government grants for every child who is claiming Free School Meals. That can be used to pay for more books, computers, special events and much more.



TAKE YOUR IMAGINATION ON A FOOD JOURNEY





SCHOOL MEALS HELP ENCOURAGE GOOD EATING HABITS FROM AN EARLY AGE AND PROVIDE THE OPPORTUNITY TO FURTHER DEVELOP THEIR SOCIAL SKILLS AS THEY SIT DOWN WITH FRIENDS TO ENJOY THEIR MEALS.



CONTACT US
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Aspens
☎☎☎☎☎

